



## Allergen & Sensitivities Guide

	Allergens							Sensitivities		
	Peanut*	Tree Nuts*	Egg	Milk	Wheat	Soybean	Fish	Shellfish	Gluten	MSG (Monosodium Glutamate)
<b>CHICKEN</b>										
Original Recipe® Chicken			√	√	√				†	†
Extra Crispy™ Chicken					√				†	†
Spicy Crispy Chicken					√				†	†
KFC® Grilled Chicken					√	√			†	†
Popcorn Chicken				√	√	√			†	†
Crispy Strips			√	√	√	√			†	†
Hot Wings®					√				†	†
Original Recipe® Filet			√	√	√	√			†	†
Tender Roast® Filet				√	√	√			†	†
<b>SANDWICHES</b>										
KFC Snacker® with Crispy Strip			√	√	√	√			†	†
KFC Snacker®, Buffalo with Crispy Strip			√	√	√	√			†	†
KFC Snacker®, Ultimate Cheese with Crispy Strip			√	√	√	√			†	†
KFC Snacker®, Honey BBQ			√	√	√	√			†	†
Double Crunch Sandwich with Crispy Strips ( <i>Express Units</i> )			√	√	√	√			†	†
Crispy Twister® with Crispy Strips			√	√	√	√			†	†
Tender Roast® Twister with Tender Roast® Filet ( <i>Express Units</i> )			√	√	√	√			†	†
Honey BBQ Sandwich			√	√	√	√			†	†
Double Down with OR Filet			√	√	√	√			†	†
Doublicious with OR Filet			√	√	√	√			†	†
Doublicious with Tender Roast® Filet ( <i>Express Units</i> )			√	√	√	√			†	†
<b>SANDWICH FIXINGS</b>										
Snacker Bun					√	√			†	
Sweet Hawaiian Bun					√				†	
Twister® Tortilla Wrap					√				†	
Bacon Slices										
Pre-shredded Lettuce										
Tomato Slices										
Three Cheese Blend				√						
Pepper Jack Cheese Slices				√		√				
Monterey Jack Cheese Slices				√		√				
<b>SAUCES &amp; CONDIMENTS</b>										
Honey BBQ Wing Sauce					√	√			†	
Honey BBQ Sandwich Sauce										
Fiery Buffalo Wing Sauce					√	√			†	
Colonel's Sauce			√		√	√			†	†
KFC Signature Sauce Dipping Cup			√							
Spicy Chipotle Dipping Sauce Cup			√							
Sweet and Sour Dipping Sauce Cup										
Honey Mustard Dipping Sauce Cup			√							
Creamy Ranch Dipping Sauce Cup			√	√						†
HBBQ Dipping Sauce Cup										
Honey Sauce Packet										
Colonel's Buttery Spread						√				



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<b>POT PIE, BOWLS &amp; VALUE BOXES</b>										
Chicken Pot Pie			√	√	√	√			†	†
KFC Famous Bowls®-Mashed Potato with Gravy			√	√	√	√			†	†
Snack-Size Bowl				√	√	√			†	†
Popcorn Chicken Value Box				√	√	√			†	†
Hot Wings® Value Box					√				†	†
Fiery Buffalo Hot Wings® Value Box					√	√			†	†
Honey BBQ Hot Wings® Value Box					√	√			†	†
Drumstick Value Box			√	√	√	√			†	†
Thigh Value Box			√	√	√	√			†	†
<b>SALADS AND MORE</b>										
Crispy Chicken Caesar Salad without Dressing and Croutons			√	√	√	√			†	†
Roasted Chicken Caesar Salad without Dressing and Croutons ( <i>Express Units</i> )				√	√	√			†	†
Caesar Side Salad without Dressing and Croutons				√						
Crispy Chicken BLT Salad without Dressing			√	√	√	√			†	†
Roasted Chicken BLT Salad without Dressing ( <i>Express Units</i> )				√	√	√			†	†
House Side Salad without Dressing										
Heinz® Buttermilk Ranch Dressing (1)			√	√						
Hidden Valley® The Original Ranch® Fat Free Dressing (1)				√		√				†
Marzetti® Light Italian Dressing (1)										
KFC® Creamy Parmesan Caesar Dressing (1)			√	√		√	√			
Parmesan Garlic Croutons Pouch (1)				√	√				†	
<b>SIDE DISHES</b>										
Green Beans										†
Gravy				√	√	√			†	†
Mashed Potatoes (without gravy)				√	√	√			†	
Macaroni and Cheese			√	√	√	√			†	
Potato Wedges					√				†	†
Corn on the Cob										
BBQ Baked Beans				√	√	√			†	
Potato Salad			√							
Cole Slaw			√							
Biscuit				√	√	√			†	
Sweet Kernel Corn										
Macaroni Salad			√		√				†	
KFC® Cornbread Muffin			√	√	√	√			†	
<b>OTHER</b>										
Sargento® Light String Cheese				√						
KFC® Gizzards			√	√	√				†	†
KFC® Livers			√	√	√				†	†
Country Fried Steak without Peppered White Gravy				√	√				†	†
Country Fried Steak with Peppered White Gravy				√	√	√			†	†
Jalapeno Peppers										



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<b>DESSERTS</b>										
Apple Turnover					√	√			†	
Café Valley Bakery® Chocolate Chip Cake		•	√	√	√	√			†	
Lil' Bucket™ Lemon Crème Parfait				√	√	√			†	
Lil' Bucket™ Chocolate Creme Parfait				√	√	√			†	
Lil' Bucket™ Strawberry Short Cake Parfait			√	√	√	√			†	
Reese's® Peanut Butter Pie Slice	√			√	√	√			†	
Oreo Cookies and Crème Pie Slice			√	√	√	√			†	
Sweet Life® Oatmeal Raisin Cookie			√	√	√	√			†	
Sweet Life® Chocolate Chip Cookie			√	√	√	√			†	

### KEY

\*=Peanuts and tree nuts are not used in KFC restaurants. May be used in common manufacturing plants.

√=contains allergen

†=contains ingredient that may cause sensitivity

•=products are prepared in common equipment and therefore may contain allergen

The allergen information displayed on this site is based on standard product formulations and is current as of April 1, 2009. Variations may occur due to differences in suppliers, ingredient substitutions, recipe revisions, and/or product production at the restaurant.

In some restaurants, fish, chicken and potatoes may be prepared in the same oil. Please ask the manager about this practice if you have an allergy to fish or milk.

Some menu items may not be available at all restaurants. Limited time offers, test products, or regional items have not been included.

Customers with allergy-related questions can contact the Food Allergy and Anaphylaxis Network (FAAN) on the web at [foodallergy.org](http://foodallergy.org) or by telephone at (800) 929-4040.